

CURRICULUM GUIDE

SUBJECT: Health

GRADE: 7 and 8

TIMELINE: 2nd Quarter

Standard	Kid Friendly Learning Objectives	Content (subject or topic covered in Journeys/My Perspectives)	DOK Level	Skills (ability, practice, aptitude that will be learned)	Assessment	Academic Vocabulary
Strand 7: Ability to Practice Health-Enhancing Behaviors S7.C1.PO 1. Explain the importance of assuming responsibility for personal health behaviors. S7.C2.PO1. Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.		Health Practices and Behaviors What influences your health?	#2	Recognize the difference between a healthy vs. unhealthy <i>items</i> . Describe health issues	Self-Assessment	Environment School Healthy choices Physical activity
S7.C2.PO2. Demonstrate behaviors that avoid or reduce health risks to self and others.		Health Practices and Behaviors Drugs and alcohol		Examine the effects of alcohol use		Inhibitor Judgment Perception
Strand 8: Ability to Advocate for Health S8.C1.PO2. Demonstrate how to influence and support others to make positive health choices		Health Practices and Behaviors Personal Advocacy		Explore use of technology Determine distinction of Hopeful vs. hopeless		Advocate Intervention Prevention Awareness